Editorial

Artificial Intelligence in Medicine: Physician Knowledge, Professional Challenges, and Job Displacement Filippou Dimitrios

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Artificial Intelligence (AI) is revolutionizing the healthcare sector more rapidly than ever, promising to improve patient experiences, enhance diagnostic precision, and refine treatment strategies. However, these innovations bring about significant challenges for medical professionals. The incorporation of AI into healthcare is set to transform the functions of healthcare providers, change the nature of the doctor-patient interaction, and create various ethical and legal dilemmas. In this article, we will discuss the primary professional hurdles doctors may encounter in the future due to Al-enhanced medical practices.

A central concern for physicians is the risk of obsolescence of traditional medical roles. AI-based diagnostic systems, robotic surgeries, and automated treatment protocols could lessen the need for certain specialties and undermine the decision-making authority of human practitioners. Radiologists, pathologists, and general practitioners may see job prospects diminish as AI technologies surpass them in pattern recognition and data processing. Additionally, doctors' roles may transition from primary decision-makers to overseers of AI functions. This shift could lead to decreased job satisfaction, diminished autonomy, and a reduction of the traditional esteem tied to the medical profession. In the following sections, we summarize the projected impact of AI on the specialties that will be significantly affected.

Radiology is among the medical fields most vulnerable to AI disruption. AI algorithms can evaluate imaging scans like X-rays, MRIs, and CT scans with impressive accuracy, often equaling or exceeding the capabilities of human radiologists in identifying abnormalities. Tools utilizing deep learning models have been successfully employed to detect tumors, fractures, and other medical concerns, potentially lessening human involvement in standard cases. Although AI is unlikely to fully replace radiologists, the number of practitioners needed in the field may decline as AI handles initial evaluations and basic diagnostic roles.

Pathology encompasses the microscopic assessment of tissues and cells for disease diagnosis. AI-fueled tools analyze can histopathological slides more efficiently and accurately than humans, detecting cancerous cells and other disorders with high precision. Such systems can also standardize diagnostic processes, minimizing variability among pathologists. With the potential for AI to automate many aspects of pathology, there may be a decreased need for human pathologists. Nevertheless, pathologists will remain essential for intricate cases and for validating AI-generated findings.

In dermatology, AI has proven remarkably effective in recognizing skin disorders, including melanoma and other skin cancers, through image recognition technology. AI-based mobile applications can now analyze skin lesions and offer initial assessments, potentially decreasing the demand for dermatologists in routine diagnoses. While the need for dermatologists to assess common skin ailments may decrease, their expertise will continue to be vital for in-person interventions, biopsies, and challenging cases requiring human judgment.

In the field of ophthalmology, AI advancements have significantly improved the detection of eye disorders such as diabetic retinopathy, glaucoma, and macular degeneration. AI-assisted retinal imaging tools can swiftly and accurately screen patients, potentially lessening the demand for human ophthalmologists in routine diagnostics. Although AI might lower the demand for ophthalmologists in standard screenings and early detection, human specialists will still be indispensable for surgical treatments, advanced care, and patient management.

Anesthesiology, which involves monitoring patients during surgical procedures and administering anesthesia, may also see changes. Al systems capable of autonomously managing drug administration and patient monitoring could decrease the necessity for human involvement in certain procedures. Although anesthesiologists will still be essential for complex surgeries, Al automation might result in fewer professionals being required for routine cases, especially those that are low-risk or outpatient.

In general practice and primary care, Alpowered chatbots and virtual healthcare assistants are becoming increasingly proficient at handling initial consultations, diagnosing common ailments, and dispensing medical advice. These systems can effectively triage patients and refer them to specialists when adequate. As a result, Al-driven primary care solutions could lessen the demand for general practitioners (GPs), particularly for minor issues and routine check-ups. However, human doctors will still be critical for meaningful patient interactions, comprehensive care, and managing complex medical situations.

In cardiology, AI is being deployed to detect cardiovascular diseases, evaluate heart attack risks, and analyze ECG patterns with high accuracy. AI technologies can assist in interpreting echocardiograms and identifying abnormalities that human cardiologists might overlook. Although AI may diminish the need for cardiologists in screenings and diagnostic assessments, human specialists will remain essential for treatment planning, interventional procedures, and overall patient care management.

In emergency medicine, AI-fueled systems are being utilized to aid in triaging emergency cases, forecasting patient deterioration, and optimizing hospital resource deployment. AI diagnostic tools in emergency settings can rapidly recognize conditions like strokes or sepsis, facilitating quicker treatment decisions. While AI has the potential to enhance the efficiency of emergency medicine workflows, human input will continue to be crucial for crisis management, surgical procedures, and direct patient care.

In Psychiatry the integration of AI in mental health care is growing through the use of chatbots, virtual therapists, and predictive analytics that evaluate patients' emotional states and mental health issues. Al-powered therapy applications are capable of delivering cognitive behavioral therapy (CBT) and additional support to individuals. While AI could diminish the reliance on human psychiatrists for standard therapy sessions and initial evaluations, human insights will remain crucial for addressing complex psychiatric conditions, managing medications, and ensuring personalized interactions with patients.

Al is also affects surgery. Advancements in robotic-assisted surgery and Al-informed surgical planning have led to greater precision and improved outcomes across numerous surgical disciplines. Alenhanced robotic technologies are capable of executing minimally invasive surgeries with remarkable accuracy, which may lessen the necessity for human surgeons in certain procedures. Nonetheless, human expertise will be indispensable for complex cases, crucial decisionmaking, and managing unforeseen complications during surgery.

Al is poised to transform healthcare by automating diagnostic functions, boosting efficiency, and improving patient care outcomes. However, its broad adoption raises significant concerns regarding job stability in various medical fields. Although AI is unlikely to completely replace doctors, it will certainly alter the workforce dynamics, lowering the demand for some roles while generating new opportunities in AI oversight and healthcare technology management. To counteract potential job loss, medical professionals should prioritize continuous education, cultivate competencies related to AI, and adjust to the evolving healthcare landscape. By viewing AI as a partner rather than a substitute, doctors can secure

their vital role in the future of healthcare.

The rising reliance on AI in medicine brings forth numerous ethical and legal dilemmas. Who takes responsibility when an AI system misdiagnoses a condition or prescribes an inappropriate treatment? Currently, physicians face malpractice liability, but Al-induced mistakes introduce a new challenge in establishing accountability for errors. Moreover, AI systems depend heavily on extensive datasets generally obtained from electronic health records. This reliance raises urgent issues around patient privacy and data security, as vulnerabilities or biases within AI algorithms could lead to harmful impacts. Physicians will face complicated legal challenges and will need to champion transparent regulations concerning AI's role in healthcare.

As AI technologies become more skilled at detecting diseases and proposing treatments, there exists a risk that physicians might overly depend on such systems. Such dependency may result in skill erosion, wherein doctors lose their capacity to analyze cases independently and make informed clinical choices. Eventually, a generation of physicians may emerge who lack the critical abilities necessary to work without AI assistance. Furthermore, AI is not without flaws. Errors can occur due to biased training sets, software issues, or unexpected medical scenarios absent from its data bank. If healthcare practitioners neglect their fundamental diagnostic skills, they may find it challenging to identify and correct AI-related mistakes, potentially leading to severe ramifications for patient care.

The doctor-patient relationship has traditionally been rooted in trust, empathy, and communication. AI-assisted healthcare solutions, including virtual consultations and automated diagnostics, could undermine this essential human component. While Al's capability to process vast amounts of medical information is undeniable, it cannot replicate the emotional intelligence and warmth that professionals provide. Patients may experience discomfort or alienation when interacting with AIdriven systems, especially in sensitive scenarios such as terminal illnesses or mental health

concerns. Future healthcare providers will face the task of merging AI technology with maintaining the crucial personal rapport that is vital for effective medical care.

Al integration in medicine compels doctors to constantly refresh their skills and adapt to everevolving technologies. Medical professionals are tasked not only with keeping pace with advancements in their specialty but also with acquiring new competencies relating to Al literacy, data analysis, and technology management. This ongoing educational demand can feel daunting, particularly for seasoned practitioners grappling with the shift from traditional to Al-enabled workflows.

To prepare upcoming doctors for a technologycentric healthcare environment, medical schools and training programs must weave AI education into their curricula. However, maintaining a balance between AI expertise and conventional medical training poses a challenge that educational institutions must address. AI systems' effectiveness hinges on the quality of the data they're taught with. If training data is biased or incomplete, AI applications can perpetuate current inequalities. For instance, an AI diagnostic tool trained primarily on data from Western populations risks lacking accuracy when used with non-Western patients. Physicians must remain alert to biases in AI technologies, advocate for inclusive and representative datasets, and work towards equitable healthcare results for all populations.

The implementation of AI in healthcare might result in financial and operational dilemmas for doctors. Although AI could lower healthcare expenses over time, the initial rollout of these technologies demands substantial investment. Hospitals and private practices might focus on costreduction, resulting in job losses, wage cuts, or heavier duties for remaining staff. Additionally, AIdriven healthcare models might place increased power in the hands of corporate entities and tech companies, potentially influencing medical decision-making. Physicians could find themselves in situations where AI dictates clinical practices,

limiting their autonomy over medical judgments.

The medical field has traditionally been characterized by rigorous education, expertise, and direct patient interactions. The advent of AI may challenge these established identities, compelling doctors to reconsider their roles in healthcare. Many practitioners may resist these AI-driven transformations, driven by fears of being rendered obsolete, skepticism towards technology, or uncertainty regarding their profession's future. To overcome this, healthcare organizations need to cultivate a collaborative environment between physicians and AI developers. Rather than perceiving AI as a threat, doctors should be guided to view it as an enhancing tool that ultimately benefits patient care.

The incorporation of AI into medicine presents both prospects and challenges for doctors. While AI possesses the potential to overhaul healthcare by boosting efficiency, precision, and availability, it also introduces considerable professional challenges. Issues such as job displacement, ethical conundrums, skills attrition, loss of personal interaction, ongoing educational expectations, bias, economic hurdles, and resistance to change will be central concerns for healthcare practitioners in the years ahead. To ensure AI supports rather than undermines the medical profession, doctors must take proactive roles in shaping AI policies, advocating for ethical practices, and embracing ongoing education. The future of medicine will hinge on doctors' ability to adapt to and incorporate AI while upholding the foundational principles of patient care, empathy, and professional integrity.

Numerous studies have explored physicians' understanding and awareness of AI in clinical contexts. A cross-sectional investigation published in *Advances in Medical Education and Practice* assessed healthcare professionals' knowledge, attitudes, and practices relating to AI. The findings revealed that while there is a general awareness of AI technologies, there remains a significant gap in in-depth knowledge and practical application among physicians. Many participants acknowledged AI's potential to transform healthcare, yet admitted to insufficient understanding to effectively utilize AI tools in their practices.

The degree of AI integration into daily medical routines varies among physicians. A survey reported by *The Guardian* indicated that about one in five general practitioners (GPs) has employed AI tools, including ChatGPT, for tasks such as drafting patient letters and suggesting alternative diagnoses. Specifically, 29% of GPs using AI relied on it for documentation, while 28% utilized it for exploring differential diagnoses. Even with this level of use, the survey suggests that a significant minority of physicians remain hesitant or underprepared to fully adopt AI technologies in their practices.

Trust in Al-generated outputs profoundly influences physicians' willingness to adopt these tools. A study published in *JAMA Network Open* evaluated the reliability of Al-generated chatbot responses to medical inquiries from healthcare providers across various specialties. The results indicated that, while AI can deliver accurate information, there is inconsistency in its reliability. Physicians expressed apprehensions about the accuracy of Al-generated content, reiterating the necessity for human oversight in clinical decisionmaking processes.

Recognizing the potential hazards of AI in healthcare is crucial for its responsible integration. A recent article in JAMA Health Forum highlighted the liability concerns tied to the use of generative AI in the medical field. The discussion pointed out that although AI presents exciting advantages, it also brings forth issues related to patient safety, data confidentiality, and ethical dilemmas. Healthcare professionals must be aware of these dangers to navigate the complexities of AI deployment wisely. Conversations about AI in medicine often show diverse levels of understanding among physicians. Some partake in meaningful debates, acknowledging both the strengths and shortcomings of AI, while others may mention AI without fully comprehending its ramifications. This variation underscores the necessity for thorough educational and training programs to empower physicians with the expertise needed to critically evaluate and utilize AI technologies effectively.

The incorporation of AI into healthcare offers both significant advantages and notable challenges. Current findings suggest that while physicians generally recognize AI, there are considerable gaps in nuanced knowledge, practical use, and awareness of related risks. To address these disparities, it is essential to introduce specialized educational efforts, establish clear protocols, and promote an atmosphere that supports informed dialogue about AI in medicine. Through these actions, the medical community can leverage the benefits of AI to improve patient care while reducing potential risks.